COMMUNITY RESOURCES

Community Information & Referral

602-263-8856

Call: 211

On the internet:

www.findhelpphx.com

www.211arizona.org

Hospitals

St. Luke's Behavioral Health (inpatient/outpatient): 602-251-8535

Quail Run Behavioral Health (inpatient/outpatient): 602-455-5694

Aurora Behavioral Health (inpatient/outpatient): 623-344-4400

Banner Behavioral Health Hospital (inpatient/outpatient): 480-448-7500

Crisis Lines

Maricopa Mobile Crisis Team: 602-222-9444

Teen Life Line: 602-248-8336

National Suicide Prevention Lifeline: 1-800-273- TALK (8255) (Veterans press 1)

Crisis Text Line: Text TALK to 741741

Maricopa Crisis Response Network (Mental Health Crisis) 1-800-531-1314

Warm Line (non-crisis line) 520-770-9909

National Domestic Violence Hotline (DV Hotline) 1-800-799-7233

National Sexual Assault Hotline 1-800-656-4673

COMMUNITY RESOURCES

Outpatient Counseling Services

A New Leaf- 480-969-4024

Arizona Children Association - 800-944-7611

Black Family and Children Services- 602-243-1773

EMPACT LaFrontera- 480-784-1514

Jewish Family and Children's Services - 602-279-7655

Southwest Behavioral Health -602-685-6000

Terros- 602-685-6000

Touchstone- 866-207-3882/623-930-8705

Family Assistance

Community Action Programs (CAP Offices)

City of Phoenix Human Services Department John F. Long Family Services Center 3454 N 51st Avenue 602-262-6510

Sunnyslope Family Services Center 914 W Hatcher Road 602-495-5229

Full-Service Family Centers

City of Glendale Human Services Department 623-930-2854

City of Tolleson Human Services Department 623-936-7111

Care1st Avondale Resource and Housing Center 328 W. Western Avenue Avondale, AZ 623-333-2700

Services: food boxes, utilities/rent, clothing, housing, etc.

Society of St. Vincent de Paul 420 W Watkins Road 602-266-4673

Local SVDP Society Conferences

St. Vincent de Paul Conference 623-845-5564

St. Augustine Conference 623-418-7160

Blessed Sacrament Conference 623-936-7107

St. Thomas Aquinas Conference 623-535-9455

Banner Children's Community Clinic

Tolleson: P.H. Gonzales Elementary School Welcome Center

9401 W. Garfield Street

Tolleson, AZ 85353

www.bannerchildrens.com

Serves uninsured children birth-21 years

Appointments: 480-412-6344

Adelante Healthcare

877-809-5092

http://www.adelantehealthcare.com

AHCCCS/KidsCare

855-432-7587

www.azahcccs.gov

Grief Support

Hospice of the Valley 602-530-6900

New Song

Center for Grieving Children & Families

Main Number: 480-951-8985

Avondale location available

Spanish Direct Line: 602-776-6789 Grief Program: "Luz del Corazon"

Grief Camps

Stepping Stones of Hope Camp www.steppingstonesofhope.org6

02-264-7520

Food Assistance

Market on the Move 2019 Schedule 623-374-2559

For a donation of \$10 in Phoenix and Tucson, you can get up to 60 lbs. of fresh produce in a farmers market-like atmosphere and setup that you can share with your friends, family, neighbors or other people in need. See schedule.

Food Banks

Association of Arizona Food Banks
To find a food bank or food resources:

Main number: 602-528-3434

Internet access: www.azfoodbanks.org

Arizona Agency on Aging

602-264-4357

24-hour helpline for seniors and disabled adults who are unable to leave the home for food. The agency will deliver ready-made meals either by the individual's private pay or through a free program if needed. Limited amounts of toilet paper available for delivery as well.

Housing Assistance

Shelter Hotline

For help in locating an emergency, homeless or domestic violence shelter in

Maricopa County

602-263-8900

800-799-7739

The Salvation Army
Family Emergency Program
11 N. 3rd Avenue
Avondale, AZ
623-932-0472

or

4318 W. Clarendon Avenue Phoenix, AZ (Maryvale) 602-233-9272

Gift of Mary Women's Shelter Single Adult Shelters and Resources 1406 S. 17th Ave. Phoenix, AZ 85007 (602) 254-8424

10 beds for single women; 5 beds for women with kids
Emergency shelter, single women 18+ and women with children.
Women 18+ with girls any age or boys age 5 or younger who are homeless

Family Promise (helping families who are homeless) 480-659-5227 info@familypromiseAZ.org

Family First
Pastor Bryce Alexander
Glendale, AZ
623-845-2905

Family Housing Hub 602-595-8700 @Pendergast Community Center every Thursday from 8 AM - 4 PM

American Red Cross

Hotel Vouchers: 800-842-7349

Interfaith Cooperative Ministries Food, Clothing, Toiletries & Household Items 602-254-7450

Arizona Dept. of Housing 602-771-1000

Phoenix Housing - Section 8 602-534-1974

Shelters

Central Arizona Shelter Services 230 S 12th Ave Phoenix, AZ 85007 602-256-6945 New Life Center (Domestic Violence Shelter)

623-932-4404

Avondale, AZ

DeColores Domestic Violence Shelter (Spanish Speaking)

602-269-1515

Phoenix, AZ

Other Helpful Housing Links

http://www.aizonaselfhelp.org/programs

https://housing.az.gov/general-public/home-plus

https://housing.az.gov/general-public/evicAon-or-foreclosure-assistance

https://maricopa.gov

socialserve.com

httpps://hotpads.com

Family Support Agencies

AZ Youth Partnership

Teen Outreach Pregnancy Services: for pregnant or parenting teens

877-882-2881

Boys & Girls Clubs of Metropolitan Phoenix

Main Number: 602-954-8182

www.bgcmp.org

Spencer & Mary Jane Stewart Club

6629 W. Clarendon Avenue

623-848-1022

5850 W Northview Avenue

Tri-City West/Thornwood Club 301 E Western Avenue 623-932-1154

Big Brothers Big Sisters of Central Arizona 602-264-2447

Family Involvement Center 602-412-4095 familyinvolvementcenter.org Parent Assistance Center (PAC) 602-288-0155

For parents who need help navigating child-serving systems, such as: schools, juvenile justice, behavioral and physical health care, foster care and more

Families in Need of Services (FINS)

Juvenile Court's Community Services Unit

Help Line: 602-506-5913

www.superiorcourt.maricopa.gov/juvenileprobaAon/probaAon/FINS.asp

For families coping with incorrigible behaviors in their children

Birth to Five Helpline
Family & Parenting Resources
877-705-5437
www.swhd.org/get-help/birth-to-five-helpline

Duet (Partners in Health & Aging)
10000 N 31st Avenue
Phoenix, AZ
602-274-5022
Support for Grandparents Raising Grandchildren

GED Course Locations

Arizona Department of Education

602-258-2410

www.ade.az.gov/adult-ed/ged_home.asp